



# Santiam Community Health

serving the Willamette Valley  
CLASSES • WORKSHOPS • MEDICAL SERVICES

## Health History

Date: \_\_\_\_\_

Legal Name: \_\_\_\_\_ Preferred Name (if different): \_\_\_\_\_ Birth Date: \_\_\_\_\_

### Current Condition/Complaints (Please fill in as completely as possible)

What is your **primary complaint/problem**? (please mark on image): \_\_\_\_\_

#### Other related symptoms:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### How did your symptoms first begin?

\_\_\_\_\_  
\_\_\_\_\_

#### When did your symptoms first start? \_\_\_\_\_

Have you had **symptoms like this before**?  No

Yes (describe) \_\_\_\_\_

Are your symptoms **getting worse**?  No  Yes

Are they worse **at certain times** of the day or night? \_\_\_\_\_

What makes your symptoms **worse**? (list)

\_\_\_\_\_  
\_\_\_\_\_

What makes your symptoms **better**? (list)

\_\_\_\_\_  
List doctors/therapists/specialists **seen for this problem** & treatment received:

Have you had imaging relating to this concern:  X-ray  MRI / CT  Other \_\_\_\_\_

How do your symptoms **interfere with your normal daily routine**? \_\_\_\_\_

List all current over-the-counter and prescription **Medication/Vitamins/Supplements/Herbs/Birth Control** you take: \_\_\_\_\_

List any **medication allergies and their reaction**: \_\_\_\_\_

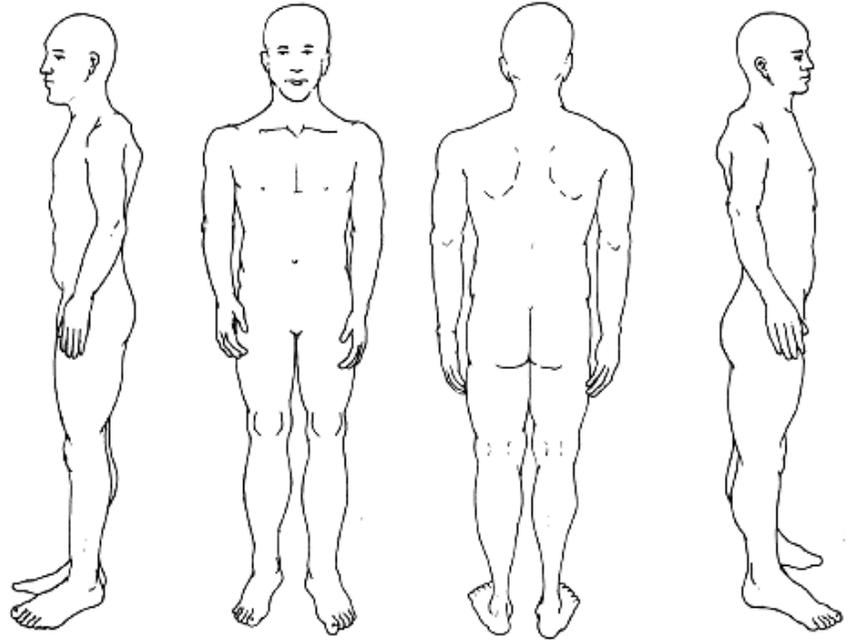
Are you allergic to lidocaine or other anesthetics?  No  Yes

Are you currently under the care of a Primary care physician?  NO\* (you must find a PCP asap!)

YES Clinic/Physician's Name: \_\_\_\_\_

Health concerns being treated: \_\_\_\_\_

If female, is there a **possibility that you are pregnant**?  NO  YES



Check the box for the following **symptoms you are experiencing NOW or have experienced in the PAST:**

**[N] = NOW [P] = PAST**

- | [N] [P]  | [N] [P]  | [N] [P]  |
|--|--|--|
| <input type="checkbox"/> <input type="checkbox"/> Headaches                                    | <input type="checkbox"/> <input type="checkbox"/> Arm/hand numbness/tingling       | <input type="checkbox"/> <input type="checkbox"/> Chills/fever                         |
| <input type="checkbox"/> <input type="checkbox"/> Visual <u>or</u> hearing pain <u>or</u> loss | <input type="checkbox"/> <input type="checkbox"/> Arm/hand fatigue/weakness        | <input type="checkbox"/> <input type="checkbox"/> Dizziness <u>or</u> light-headedness |
| <input type="checkbox"/> <input type="checkbox"/> Joint pain <u>or</u> swelling                | <input type="checkbox"/> <input type="checkbox"/> Memory loss or disturbances      | <input type="checkbox"/> <input type="checkbox"/> Weight gain/loss                     |
| <input type="checkbox"/> <input type="checkbox"/> Leg/foot numbness/tingling                   | <input type="checkbox"/> <input type="checkbox"/> Fatigue <u>or</u> loss of energy | <input type="checkbox"/> <input type="checkbox"/> Fainting <u>or</u> convulsions       |
| <input type="checkbox"/> <input type="checkbox"/> Neck pain <u>or</u> stiffness                | <input type="checkbox"/> <input type="checkbox"/> Leg/foot fatigue/weakness        | <input type="checkbox"/> <input type="checkbox"/> Trouble with balance                 |
| <input type="checkbox"/> <input type="checkbox"/> Pain <u>or</u> difficulty swallowing         | <input type="checkbox"/> <input type="checkbox"/> Nausea <u>or</u> vomiting        | <input type="checkbox"/> <input type="checkbox"/> Abdominal Pain                       |
| <input type="checkbox"/> <input type="checkbox"/> Low back pain                                | <input type="checkbox"/> <input type="checkbox"/> Pain with/trouble breathing      | <input type="checkbox"/> <input type="checkbox"/> Diarrhea <u>or</u> constipation      |
| <input type="checkbox"/> <input type="checkbox"/> Chest pain                                   |  |  |

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**Medical History (Please fill in as completely as possible)**

List any ongoing/chronic health conditions/diagnoses: \_\_\_\_\_

List any **Surgeries or Hospitalizations** (include dates & reasons): \_\_\_\_\_

List any **Significant Trauma** (Auto accidents, falls, etc. include dates): \_\_\_\_\_

Any Family History related to your primary concern: \_\_\_\_\_

Any **Additional Information** about yourself: \_\_\_\_\_

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**Prolotherapy Consent for Treatment and Acknowledgement of Financial Practices**

I hereby consent to Naturopathic procedures to be performed on myself, (or on the patient named below, for whom I am legally responsible) by Dr. Angela Cortal ND. This consent includes any and all procedures consented to by named patient.

I understand and consent to the following procedures if deemed medically appropriate and indicated: physical examination, dietary advice and therapeutic nutrition, prolotherapy and/or recommendation/referral for additional care or testing.

I understand, as with any health care procedures, that there are certain complications which may arise during in-office naturopathic treatments. Those complications include but are not limited to: pain, discomfort, bruising, infections (0.00033%), itching, loss of consciousness and deep tissue injury from needle insertions, CSF headache/leak, pneumothorax (0.00012% with thoracic sites), infiltration, fractures, disc injuries, dislocations, muscle strain, Homers' syndrome, diaphragmatic paralysis, cervical myelopathy and costovertebral strains and separations, and/or allergic reactions to injectate (0.0055%).

I understand that Dr. Cortal reserves the right to terminate the doctor/patient relationship if I am non-compliant with the treatment plan and/or if a conflict of interest arises.

**Initial your consent and acknowledgement of the following:**

\_\_\_\_\_ *I understand that all visits and procedures performed by Dr. Cortal through Santiam Community Health are outside of insurance coverage and are not billed to insurance.*

\_\_\_\_\_ I agree that I am financially responsible for my treatment. I agree to pay for services performed at the time of service. I have been given this information prior to procedures being performed.

\_\_\_\_\_ I understand that Prolotherapy Pop-Up clinic rates are either standard fees, or a reduced rate if I am a Non-profit qualifying patient, have submitted my application, and continue to meet the qualifications. Rates are based on many factors such as facility costs, donations and can change. If I am unsure about current rates, I will ask prior to treatment.

I understand that I have the right to refuse treatment at any time and/or have the choice to get treatment performed elsewhere.

Due to her concern of potentially incurring a needle stick, I understand I must disclose to Dr. Cortal all known and suspected active infections, whether acute or chronic, due to any infectious origin.

I do not expect the doctor to be able to anticipate all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure(s) which the doctor feels at the time, based upon the facts then known, that are in my best interest. I have had an opportunity to discuss the nature, purpose and risks of standard of care, abstaining from care and other recommended procedures and options. I have had my questions answered to my satisfaction.

I also understand that standard expectations and effects of treatment have been described, but specific results are not guaranteed. If there is any dispute about my care, I agree to a resolution by binding arbitration according to the American Arbitration Association guidelines. I have read (or have had read to me) the above explanation of the treatments. I state that I have been informed and weighed the risks involved in prolotherapy treatment. I have decided that it is in my best interest to receive treatment. I hereby give my consent to that treatment. I intend for this consent to cover the entire course of treatment for my present condition(s) and for any future conditions(s) for which I seek treatment.

The HIPAA Notice of Privacy Practices is available at [www.santiamhealth.org](http://www.santiamhealth.org) for you to review prior to your visit, where you may obtain a digital copy if desired.

**SIGN ONLY AFTER YOU UNDERSTAND AND AGREE TO ALL OF THE ABOVE**

Patient Name (printed): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This consent and acknowledgement is hereby valid and active until such time that we receive written notification revoking consent.

**(just one more page to go! ↓)**

# Non-profit Participation Application

Why? Because of our mission (see below), applying for non-profit participation allows us to offer you the following discounted treatment (*current* rates as of 2020-2021; can vary based on host facilities):

Discounted rate: 150; Non-discounted rate: \$300

Initial ***one or the other*** below:

\_\_\_(initial) I am participating with SCH's medical services, but electing to pay full **non-discounted rate** of \$300 (thank you! Your fees pay forward to help us help more in our community)

OR

\_\_\_(initial) I am applying for non-profit participation/discounted rate of \$150 due to the following reason (only one needs to be checked):

**Uninsured or underinsured member of the community**

**Low Income** (as defined in Oregon by the Department of Housing and Urban Development, which is:

1 Person in household = \$41,840; 2 People = \$47,800; 3 People = \$53,800; 4 People = \$59,750; 5 People = \$64,550, 6 People = 69,350; 7 People = \$74,100; 8 People = \$78,900). Please state your annual household income \$\_\_\_\_\_ (a requirement of our nonprofit status)

**Unemployed / Disability / Fixed Income (such as Students, Seniors, those on SSI)**

**Significant chronic medical condition(s) creating financial hardship**

**Active Military or Veteran, please show ID** (thank you for your service!)

Name (printed): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Santiam Community Health Mission Statement

Our mission is to educate, support and provide health education and medical services for those in our community, especially those who experience barriers to receiving comprehensive healthcare.

We strive to improve the health of our community by improving the health literacy of our community members. Through community health education classes, workshops and medical services, we strive to improve the health of our community, one member at a time.

We seek to expand health education and services also to those traditionally under-served by the customary medical model, including: low-income, students, seniors, active military, veterans, those on SSI and/or experiencing significant chronic medical conditions.

All of us at Santiam Community Health are very happy to serve you!